#### **NEWS RELEASE**

#### FOR IMMEDIATE RELEASE

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# Free Fertility Assessment Event Sponsored by The Center for Advanced Reproductive Services

## Saturday, November 23, 9am to 1pm

[Farmington, CT... October 7, 2013] – The Center for Advanced Reproductive Services at the University of Connecticut Health Center (UCHC) will be sponsoring Free Fertility Assessments on Saturday, November 23, 9 am to 1 pm at its offices in the Dowling South Building on the UCHC campus in Farmington, CT.

In today's society, age-related infertility is becoming more common because, for a variety of reasons, many women wait until their 30s to begin their families. Even though women today are healthier and taking better care of themselves than ever before, improved health in later life does not offset the natural age-related decline in fertility. It is important to understand that fertility declines as a woman ages due to the normal age-related decrease in the number of eggs that remain in her ovaries. This decline may take place much sooner than most women expect. This Free Fertility Assessment is intended to help women better understand where they are on the curve and better understand the options available to them.

Participants will complete a brief questionnaire about their gynaecological, obstetrical, fertility and medical history and undergo a blood draw for an Anti Mullerian Hormone (AMH) test. AMH testing is considered to be a strong indicator of fertility potential.

Once the result of the AMH blood tests are received (about 2 weeks) The Center will follow up with participants with a scheduled fifteen minute (15) phone call from a member

of The Center's clinical team to discuss the questionnaire and AMH results. All this will be free of charge.

## Interested in participating in The Center's Free Fertility Assessments?

- Open to women 30-42 years old
- Food and drink will not impact results
- Blood will be drawn and sent out for testing free of charge
- Test can be performed any time during menstrual cycle
- Birth control will not affect the results
- Each participant will receive a complimentary gift bag
- Beverages and snacks will be available
- The visit will last 15-30 minutes
- Pre-Registration via phone or website is required
- Participants will be seen as walk-ins on a first come, first served basis

For more information about The Center for Advanced Reproductive Services or for more details about this event and to register, please call 860.679.4580 or go to The Center's website at www.uconnfertility.com.

### **About the Center for Advanced Reproductive Services**

The University of Connecticut Health Center was one of the first academic medical centers to establish an IVF program that started in the early 1980's and has grown to be the largest fertility center in the state with nearly 1000 cycles completed in the last year. The Center for Advanced Reproductive Services was formed in 1998 in the division of Reproductive Endocrinology and Fertility at UCHC, and has grown to include over 80 full and part time staff members. The Center offers many advanced techniques to help patients achieve successful pregnancies.