

The Center for Advanced Reproductive Services

Therapeutic Donor Insemination Program (TDI) New Patient Information Packet

Dear Patient:

Welcome to the Center for Advanced Reproductive Services. Thank you for your interest in our donor sperm program.

At CARS, we have two types of donor sperm services. The first is the anonymous sperm donor program using sperm specimens from reputable CARS approved sperm banks. The anonymous sperm program is our most widely used service. This packet contains information which focuses on the anonymous sperm donor program including patient instructions, sperm bank listings, consents, etc.

On infrequent occasions, and upon patient request, CARS does provide directed (known) sperm donor services. Use of a directed (known) sperm donor requires compliance with rigorous FDA regulatory donor screening standards as well as CARS program specific requirements, sample quarantines, consents, etc. These particular requirements are not addressed in this packet and would be reviewed with you at a clinical appointment if you are utilizing a directed (known) sperm donor.

Anonymous Sperm Donor Program Instructions:

1. After your initial medical appointment with a CARS physician, please make an appointment with Dr. Casey Jacob, our program psychologist. This can be done by calling 844-467-3483 x 8014. The appointment with Dr. Jacob includes the consenting process and will involve discussions about non biological issues regarding the decision to participate in our donor sperm program. Issues such as the donor selection process, decisions regarding disclosure to your child and other family members, as well as legal concerns that need to be addressed at this time. Please note that Dr. Jacob's consult is not covered by insurance.
2. You and your partner (if applicable) should carefully read the consent to perform therapeutic donor inseminations with anonymous donor sperm. The consent will be signed at the time of the consultation with Dr. Jacob after the informed consent process is completed. Both you and your partner (if applicable) must read the consent thoroughly prior to the meeting with Dr. Jacob as Dr. Jacob will sign the consent form with you. This consent form must be signed by both members of the couple (if applicable) before we can accept shipments of donor sperm.
3. The decision to conceive with a donor is an ethical and social psychological decision as well as a medical one. For this reason, we require that at least 3 months have passed from the time that you (and your partner if applicable) first seriously considered conception with donor sperm.
4. Please call your physician's financial service representative (FSR) regarding any questions about fees and insurance coverage.
5. **After you have completed all your medical and other related requirements for participation in the donor sperm program, please contact your physician's clinical RN. She will review your results with your physician and your team will offer relevant medical suggestions to you that would assist you in choosing your sperm donor. Do not order any sperm samples until you have had this conversation with your clinical team.**
6. After completing all your program pre-requisites, and after you have had a follow up conversation with your medical team regarding donor selection, follow the guidelines attached for ordering your sperm.

We look forward to working with you and helping you build your family. Please contact us if we can provide you with any additional information.

Alison Finn Bartolucci
Operational Laboratory Director
Center for Advanced Reproductive Services
TDI Donor Office: 844-467-3483 x 8003, fax: 860-838-6401

The Center for Advanced Reproductive Services

Selecting a Donor and Purchasing Donor Sperm Samples

BEFORE YOU SELECT OR PURCHASE DONOR SAMPLE:

1. You must complete all medical testing, psychological consultation, and other related requirements for program participation.
2. You must have a conversation with your clinical team (physician and/or RN) regarding donor selection and to insure program "clearance" BEFORE you order any samples.
3. The results of your prerequisite medical tests may influence donor selection and/or your treatment plan.
4. Your clinical team will discuss donor selection with you within the context of your family medical history, blood type, RH status, and CMV (Cytomegalavirus) testing. If you are CMV negative, you must choose a CMV negative donor to avoid any potential risks. If you are CMV positive, you may choose either a donor who is CMV positive or CMV negative.
5. The (CARS pre-approved) sperm bank that you choose will also have a genetic counselor to advise you on donor selection as well.

SELECTING AND ORDERING DONOR SPERM:

1. Once you are ready to select a donor, you will deal directly with one of our pre-approved sperm banks. All fees, including shipping, will be coordinated directly between you and the sperm bank.
2. We have attached the list of pre-approved sperm banks from which you will directly purchase donor sperm samples. The sperm banks on this pre-approved list have been selected because of their high quality of screening and selection of donors and their preparation of samples. Some of the factors considered in approving banks for use include:
 - Genetic and infectious disease screening of donors.
 - Quality of sperm sample including a firm guarantee policy regarding sperm recovery rates after thaw
 - Donor variety
 - Wide range of donor information available as well as stringent methods for follow-up with donors to track their personal and family medical history once their samples are used.
 - Policies regarding the option to reserve donors for future siblings
 - Adherence to strict confidentiality on donor and recipient identity unless donors have agreed to be identified to your children at their request.
 - Customer service and counseling that supports donor selection and sample purchase.
 - Adherence to the standards by the American Association of Tissue Banks and licensure by the State of New York.
3. Visit the web sites of the approved sperm banks for information regarding their donors. This information may include personal characteristics, personal profiles, medical histories, pictures, the donor selection and screening processes, and costs. Contact their staff if you need assistance in selecting a donor and more detailed information.
4. If you are using donor samples to avoid specific medical conditions or a genetic disease, make sure you ask the genetic counselor at the sperm bank if that donor has been screened for that condition/disease. If you have any questions concerning your family's medical history, consult the counselor at the sperm bank or your physician.
5. You should strongly consider identifying a first and second choice donor in the event that your first choice is not available.
6. You will need to purchase vials based on your treatment type:
 - For intrauterine inseminations, we prefer you purchase vials that are designated "IUI" or "pre-washed".
 - For all IVF procedures: Please make sure your donor is a proven or pregnancy "YES" donor.
 - For a regular IVF procedure, you may purchase either ICI/unwashed vials or IUI/ pre-washed vials.
 - For IVF with ICSI, you may purchase any vial that is available

ARRANGING FOR SHIPMENT OF DONOR SPERM

- **Jennifer Lionetti is our donor sperm coordinator.** She will assist you in the ordering and shipping process to ensure that the samples you have selected will arrive safely and on time.
- Once you have selected your donor sperm, contact **Jennifer at 844-467-3483 x8003**. She will assist you with scheduling the shipment dates.
- For your first insemination, your shipment should arrive at CARS prior to the first day of your cycle. For following cycles, you will order as soon as your menses begins to ensure your shipment arrives in time and to minimize shipping charges.
- California Cryobank requires your physician to sign and fax an Authorization for Release Form before sperm can be shipped. If you are using California Cryobank, please call us at least 2-3 days before you will need to place an order to request the form be signed and faxed.
- All IVF cycle vials are shipped to the Farmington office regardless of where you see your physician.
- There are several important conditions under which we must receive your shipment:
 - We require prior notification of your shipment so that we can ensure proper receipt.
 - We recommend you only ship 1 vial for use in a single cycle.
 - We accept samples for receipt on Tuesdays, Wednesdays or Thursdays.
 - The samples must be shipped in a liquid nitrogen shipper. We do not accept dry ice shipments.
- When ordering, please provide the bank with:
 - Your physician's & the practice's name: The Center for Advanced Reproductive Services
 - Your physician's shipping address, contact person and phone number:

*****All vials for IVF cycles are shipped to Farmington.**

FARMINGTON:

CARS Andrology Lab ATTN: Dr. Benadiva
2 Batterson Park Rd
Farmington, CT 06032

HARTFORD:

The Center Lab ATTN: Dr. Engmann
50 Columbus Blvd, Suite 2
Hartford, CT 06016

- **We require advance notice of your shipment** so we can make preparations and ensure the shipment contains the correct samples for your use. Please leave the following information onto our voice mail in Farmington at (844) 467-3483 ex. 8003 or Hartford at (860) 525-6958 ext.5 :

Female First & Last Name:

Female DOB:

Your daytime phone number (including Area Code):

Date your order was placed:

Date shipment will arrive:

Sperm bank:

Donor identification number:

Number vials ordered:

Donor's CMV STATUS:

*****If your Bank requires an Authorization form from your physician in order to ship the sample, please call your physician's nurse at least 2-3 days before you place your order to give us time to fax the form directly to your bank.**

NOTE: It is your responsibility to notify us if there are any changes in these arrangements. We will place a call to you the day after receipt to confirm the samples have arrived.

TDI Donor Office/Jennifer Lionetti

Phone: 844-467-3483 extension 8003

Operational Laboratory Director: Alison Finn Bartolucci 844-467-3483 ex.8007

The Center for Advanced Reproductive Services CARS Approved Sperm Bank List

The following sperm banks have been identified as meeting certain standards with regard to good practice in tissue banking and in the quality of service provided to their clients.

These banks vary in the types of donors they offer in terms of a donor's willingness to be known to your child in the future. They may be identified as "maybe", "open", "ID-release" or "ID-consent" donors and allow some type of contact after a child is 18 years old. Other donors may be categorized as "closed" or anonymous donors in which case the sperm bank will not facilitate contact between your adult child and the donor.

You should work directly with the following banks to choose a donor. All banks have a variety of services they will offer you. Once you have met with your physician and Dr. Jacob, you can decide to purchase profiles, pictures, etc. However, **do not purchase any vials until you have spoken to and been cleared by your physician's nurse and the donor sperm coordinator.**

Xytex Corp 1100 Emmett Street Augusta, GA 30904	800-277-3210 www.xytex.com	All are "Maybe" donors, with a majority "ID Release" ** Baby + Adult pictures available. Has Access Program to all pictures and profiles.
California Cryobank 11915 LaGrange Ave. Los Angeles, CA 90025	800-231-3373 www.cryobank.com	Anonymous donors + "Open" donors ** Only baby pictures available. Has Access Program to all pictures and profiles.
Fairfax Cryobank 3015 Williams Drive, Suite 110 Fairfax, VA 22031	800-338-8407 www.farifaxcryobank.com	Anonymous donors + "ID Release" donors ** Lifetime photos available. Has Access Program to all pictures and profiles.
Seattle Sperm Bank 4915 25th Avenue NE Suite 204 Seattle, WA 98105	800-709-1223 www.seattlespermbank.com	Anonymous donors + "ID Release" donors ** Lifetime photos available. Has Access Program to all pictures and profiles.